








Elementary Menu 2012



MENU DATES - Week 1	WEEK 1 MENU CHOICES	MONDAY WEEK 1	TUESDAY WEEK 1	WEDNESDAY WEEK 1	THURSDAY WEEK 1	FRIDAY WEEK 1
Jan 3-6 Jan 16-20 Jan 30-Feb 3 Feb 13-17	 Healthier Eating Meal	Pasta Bowl with Sauce and Cheese Side Caesar Salad	Soft Beef Taco with Corn	Macaroni and Cheese with Garlic Breadstick	Shepherds Pie with Roll and Butter	Waffles with Maple Syrup and Berries
Feb 27-Mar 2 Mar 12-16 Mar 26-30	 Alternate Choice	Nuggets and dip with Baked Fries or Rice	Garlic Fingers with Donair Sauce	Hamburger with Baked Potato Wedges	By Demand THEME MEALS "To be advertised ahead"	Grilled Cheese Sandwich with Chicken Noodle Soup
		 pudding cup \$1.10	 Milk Shake \$1.50	 Cinnamon Breadstick \$1.00	 Yogurt and Berry Parfait \$2.00	 Pudding cup \$1.10
EACH DAY OF THE WEEK WE HAVE A FEATURED PROMO		Check your lunch order to see if you are a lucky winner	TOONIE TUESDAY Pizza Pretzel	Buy the Meal today and Get the Featured Dessert for half price	RICE KRISPIE POPS \$1.00	Popcorn Mania \$1.00 Popcorn for
MENU DATES - Week 2	WEEK 2 MENU CHOICES	MONDAY WEEK 2	TUESDAY WEEK 2	WEDNESDAY WEEK 2	THURSDAY WEEK 2	FRIDAY WEEK 2
Jan 9-13 Jan 23-27 Feb 6-10 Feb 20-24	 Healthier Eating Meal	Spaghetti and Meat Sauce with Garlic Breadstick	Sweet and Sour Chicken with Rice	Macaroni and Beef Casserole Garlic Breadstick	Baked Ham with Mashed Potato and Hot Vegetable	Waffles with Maple Syrup and Berries
Mar 5-9 Mar 19-23 April 2-6	 Alternate Choice	Chicken Fingers and dip Baked Fries	Garlic Fingers with Donair Sauce	Chicken Snack Wrap Apple Wedges & Caramel Dip	SUPERVISORS CHOICE	Chicken Burger with Carrots sticks and Dip
		 Pudding cup \$1.10	 Milk Shake \$1.50	 Cinnamon Breadstick \$1.00	 Yogurt and Berry Parfait \$2.00	 Pudding cup \$1.10

All meal prices are \$4.00 as listed - Meal with Milk is \$4.50 - Meals with Juice \$4.75

If Pre ordering please place orders in an envelope or baggie with your child's name, classroom, and choice. Please use the correct change if possible.

Also as a parent if you want to ensure your child gets the choice you want them to have we ask that you write a note for us with what you want your child is having for the day as that will help to ensure they get served what you want them to have as well as speed up service at the line.
 Meal Cards can be purchased for \$40.00 (Buy 10 meals and get the 11th free) Meal Cards do not include the drink.

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Menu Items Available Daily



	Price
Toasted Bagel	\$1.50
Cereal Bars	\$1.50
Berry Yogurt Parfait	\$2.00
113 g Yogurt	\$1.00
Muffin	\$1.00



	Price
500 ml Water	\$1.50
300 ml - 100% Apple and Orange Juice	\$1.50
114 ml - 100% Apple and Orange Juice	\$0.75
250 ml White/Chocolate Milk	\$0.55
500 ml White/Chocolate Milk	\$1.10



Hamburger	\$2.50
Cheeseburger	\$3.00
Chicken Burger	\$3.50



	Assortment available daily
Apple Slices with Caramel Dip	\$1.75
Ice Cream (Skinny Cow)	\$1.50
Veggie Bags (Celery and Carrots with Dip)	\$1.25
Local Fruit	\$1.25
Pudding cup	\$1.10
Rice Crispie Square 2x2	\$0.75
Cinnamon Pulls	\$2.00
Cinnamon Rolls	\$1.50
Breadsticks (Pizza or Cinnamon)	\$1.25
Baked Chips	\$1.50
Fruit Crisps	\$1.75
Cookie	\$0.60



Pizza Slice (cut in 8)	\$3.00
Pizza Pocket	\$2.00



Please pre order Sandwiches and Salads by 10 am	
Wedge Sandwiches (Ham & Cheese/Turkey)	\$3.25
Chicken Wrap	\$4.25
Salads (Caesar/Tossed)	\$2.75

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 If ordering by the week we are asking that the preorders to be passed in on the Thursday before the next week to assist in administrative duties.
 Meal Cards can be purchased for \$40.00 for meals without drink (Buy 10 meals and get the 11th free)